

## **Abstract**

This research investigates the impact of economic sanctions on international trade relations, utilizing a multi-method approach to understand how sanctions influence trade patterns, diplomatic relations, and economic outcomes. Economic sanctions are often imposed by governments or international bodies to achieve political objectives, yet their unintended consequences on trade between nations are less understood. This study aims to provide a comprehensive analysis of how sanctions affect trade flows, particularly between sanctioned and sanctioning countries, as well as the broader international trade landscape.

The quantitative phase of the research employs econometric models to analyze trade data before, during, and after the imposition of economic sanctions. By examining trade volumes, tariff rates, and non-tariff barriers, the study identifies the direct impact of sanctions on international trade. The analysis includes a comparison of trade relations across different regions and sectors to assess how sanctions alter trading behaviors, market access, and economic stability.

The qualitative phase involves interviews with trade experts, policymakers, and industry leaders to explore the strategic decisions and diplomatic responses to economic sanctions. These interviews provide insights into the motivations behind sanctions, their effectiveness in achieving political goals, and the adaptive strategies employed by affected nations and businesses. Combining quantitative and qualitative methods, this study offers a holistic understanding of the impact of economic sanctions on global trade relations.